



ROCKLIN
CALIFORNIA

Parks, Recreation and Arts Commission Report

Subject: Resolution 2018-166 declaring July 2018 as “Parks and Recreation” Month

Submitted by: Sarah Novo, Parks & Recreation Manager

Date: July 11, 2018

Department: Parks and Recreation

Staff Recommendation:

- Informational Only. No Action necessary.
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BACKGROUND: The National Recreation and Park Association (NRPA) and the California Park and Recreation Society (CPRS), both commemorate the month of July as National Parks and Recreation Month. Since 1985, this annual designation has been an opportunity for agencies and community organizations to emphasize the importance and benefits of parks and recreation and how it has become woven into the fabric of our everyday lives. Parks and recreation touches more than 300 million people in this country. From the largest cities to the most rural communities, public parks and recreation agencies around the country are united in their mission to improve health and well-being, provide safe and enjoyable recreation opportunities, better the environment, and provide their respective communities with a higher quality of living.

The City of Rocklin has been enriched and made stronger through countless hours of dedication by volunteers, service groups, staff, organizations and members of the community. The combined efforts of each of these individuals and organizations have helped to establish the value that parks and recreation brings in making the Rocklin community a safe and enjoyable place to live, work and play. The City of Rocklin has made a substantial investment to support recreation programs and to create quality parks and open space areas for the Rocklin community. Through the Parks & Recreation Department, the City has provided a comprehensive parks and recreation system, with both passive and active features that address the needs of all residents, as well as income generating tourism elements for visitors. Each year, Parks & Recreation staff provide hours of organized recreation programming, while our extensive system of parks and open space facilities provide space for the public to engage in self-directed recreational activities, such as walking, biking, and personal exercise.

During “Parks and Recreation Month”, Parks & Recreation staff would like to highlight the economic, health and conservation benefits of the parks within our community. The proposed Resolution supports the notion that:

- The City should continue to maintain and provide adequate parks and recreation facilities to assure the high quality character and livability of the community;
- Passive open spaces remain a valuable component of a livable city;
- Youth programs are a major part of life for many families. Parks and recreation facilities and programs provide a safe refuge and a place to play, which helps to reduce at-risk behaviors. Youth participation in parks and recreation programs has been proven repeatedly to reduce the likelihood of youth becoming victims of violent crime, smoking, drinking alcohol, or use illegal substances/drugs;

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- Excellent parks and recreation programs promote healthy lifestyles and social interactivity for all ages, which help to maintain community cohesion and pride;
 - The City should continue to promote recreation and sport destination activities in Rocklin;
 - The City should continue to promote and provide recreational and social opportunities to all populations.

The following resolution was approved and passed unanimously by the Rocklin City Council at the June 26, 2018 council meeting:

RESOLUTION NO. 2018-166

RESOLUTION OF THE CITY COUNCIL
OF THE CITY OF ROCKLIN
DECLARING JULY 2018 AS "PARKS AND RECREATION" MONTH

The City Council of the City of Rocklin does resolve as follows:

Whereas, Parks and Recreation makes lives and communities better now and in the future; and

Whereas, it is established through statewide public opinion research, 98% of California households visit a local park at least once a year; two in three households visit a park once a month; 50% of households participate in an organized recreation program; and most park use is with family and friends; and

Whereas, residents value recreation as it provides positive alternatives for children and youth to reduce crime and mischief especially during non-school hours; it promotes the arts, it increases social connections; aids in therapy; and promotes lifelong learning; and

Whereas, residents value their parks for access to outdoor spaces for children and adults to play and be active; exercise and group sports; and

Whereas, parks provide access to the serenity and the inspiration of nature and outdoor spaces as well as preserve and protect the historic, natural and cultural resources in our community; and

Whereas, the residents of the City of Rocklin including children, youth, families, adults, seniors, businesses, community organizations, and visitors benefit from the wide range of parks, trails, open space, sports fields, tennis courts, facilities and programs provided by the City of Rocklin; and

Whereas, the City of Rocklin urges all its residents to recognize that parks and recreation enriches the lives of its residents and visitors as well as adding value to the community's homes and neighborhoods; and

Whereas, July is celebrated across the nation as Parks and Recreation Month,

THEREFORE BE IT RESOLVED, the City of Rocklin hereby proclaims July 2018 as Parks and Recreation Month and in doing so, urges all its citizens to use and enjoy its parks, trails, open space, facilities, and recreation opportunities.

PASSED AND ADOPTED this 26th day of June, 2018, by the following vote:

AYES: Councilmembers: Janda, Gayaldo, Patterson, Broadway

NOES: Councilmembers: None

ABSENT: Councilmembers: Yuill

ABSTAIN: Councilmembers: None



Kenneth Broadway, Mayor

ATTEST:



Barbara Ivanusich, City Clerk